Mulberry Cove Marina, NAS Jacksonville

**Discover Sailing Guidelines**

**Operational Parameters**

Maximum of three participants per boat

Limit to eight (8) participants if two boats used – overflow to be put on standby list

Participant minimum age of 16 (or 10 accompanied with an adult)

Participant must have the physical ability to move around in boat unassisted

Safety Boat to be on scene while participants are onboard

Cancel if wind speed > 15 kts

**Sailing Procedures**

Pre-Sail Brief at Marina to include:

* Life Jacket Protocol - wear at all times on the water
* Emergency Procedures – Injury, heavy weather, MOB, capsize (emphasize to stay with the boat until told otherwise)
* Provide locations of life jackets, sails, and crank handles
* Establish teams and direct participants to bring above items to the dock

Pre-Sail Brief on dock to include:

* Boat Stability – Flying Scots are very stable but remind participants that they are onboard ballast
* Rig Sails – Encourage participants to assist in rigging; provide boat and sail terminology while rigging
* Choose appropriate sail configuration – This is up to the instructor, but as a guideline reef if > 10 kts; main only if > 12 kts (scattered whitecaps at 10 kts, numerous whitecaps at 13 kts)

On the water:

* Offer all participants the opportunity to helm and trim sails
* Perform and explain maneuvers – sail on all points of sail, tack jibe, wing on wing

Following Sail:

* With participants remove sails and secure boat
* Ask for volunteers to fold sails
* Ask for volunteers to return sails, crank handles, and life jackets

**Key points:**

* Continuously highlight the fact that the marina offers sailing classes & lessons.
* Point out additional benefits of the Marina (Cat 22, sailing club, kayaks, paddleboards….). Hand out brochures
* Most importantly have fun with the sailors

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